		Monday	Tuesday	Wednesday	Thursday	Friday
VILLAS	2021 LUNCH MENU January 3 - 31	10 CUBEE 3	4	5	BREAKFAST FOR LUNCH 6	7
January 3 - 31			✓ Cheeseburger OR Hamburger OR Meatless Garden Burger	✓ Swedish Meatballs Buttered Noodles OR Buttered Noodles	 Cinnamon French Toast Hashbrown Triangles 	✓ Ham OR Turkey & Cheddar Sub OR Cheese & Veggie Sub
			 ✓ Lettuce & Cherry Tomato ✓ Fries ✓ Apple Slices 	 ✓ Green Peas ✓ Fruit of the Day 	 ✓ Pork Sausage Links ✓ Orange Slices 	 ✓ Tortilla Chips ✓ Veggie and Fruit of the Day ✓ Fudge Brownie
		10	TACO TUESDAY 11	12	13	14
 <i>Integration and the second sec</i>		✓ Penne with Meat Sauce OR Penne Pesto-Alfredo	✓ Beef Soft Tacos OR Fish Tacos	✓ Hot Dog (all beef) and Mac & Cheese OR Mac & Cheese	✓ Teriyaki Chicken OR Teriyaki Baked Tofu	✓ Meatball Sub OR Cheese Tortellini Marinara
		 ✓ Garlic Breadstick ✓ Steamed Broccoli ✓ Fruit of the Day 	 ✓ Corn Kernels ✓ Spanish Rice ✓ Orange Slices 	 ✓ Green Beans ✓ Sliced Peaches 	 ✓ Jasmine Rice ✓ Vegetarian Eggroll ✓ Stir-fried Vegetables ✓ Mandarin Oranges ✓ Fortune Cookie 	 ✓ Parmesan-baked Zucchini ✓ Chilled Pears
		17 Marster 17	18	19	20	21
REGULAR	\$6.20 suitable for adults	LIICE LES DET	✓ Chicken Burger OR Meatless Garden Burger	✓ Pepperoni Pita Pizzas OR Cheese Pita Pizzas	✓ Chicken Curry OR Potato Chickpea Curry	✓ Ham OR Turkey & Cheddar Sub OR Cheese & Veggie Sub
LARGE	\$7.50 <i>for the extra-hungry</i>		 ✓ Sweet Potato Fries ✓ Fruit of the Day 	 ✓ Baby Carrots & Ranch Dressing ✓ Pineapple Tidbits 	 ✓ Jasmine Rice ✓ Green Peas ✓ Pita Bread ✓ Sliced Peaches 	 ✓ Tortilla Chips ✓ Veggie and Fruit of the Day
MILK	\$0.80				• Sheed Federics	✓ Fudge Brownie
		24	25	26	27	28
LOTTES		✓ Chicken Strips OR Vegetarian Chkn Nuggets	✓ Chicken Enchiladas OR Cheese Quesadillas	✓ Swedish Meatballs Buttered Noodles OR Buttered Noodles	✓ Greek Turkey Burger with Tzatziki OR Dolmas (Stuffed Grape	✓ Grilled Cheese and Vegetarian Baked Beans
		 ✓ Tator Tots ✓ Celery Sticks ✓ Apple Slices 	 ✓ Spanish Rice ✓ Corn Kernels ✓ Fruit of the Day 	 ✓ Green Peas ✓ Fruit of the Day 	Leaves) ✓ Greek Salad ✓ Pita Bread ✓ Tropical Fruit	 ✓ Fritos Corn Chips ✓ Cherry Tomatoes ✓ Fruit of the Day
		31				
VILLA ACADEMY 5001 NE 50th St. Seattle, WA 98105 MAIN OFFICE Phone 206. 524. 8885 email villa-office@thevilla.org		✓ Penne with Meat Sauce OR Penne Pesto-Alfredo				
		 ✓ Garlic Breadstick ✓ Steamed Broccoli ✓ Fruit of the Day 				